

*"I do not worship matter. I worship the God of matter who became matter for my sake and deigned to inhabit matter, who worked out my salvation through matter. I will not cease from honouring that matter which works my salvation."*

... S. John of Damascus 675-753

*"The only real absolute mysteries in Christianity are the self-communication of God in the depths of existence, which we call grace – and in history, which we call Christ."*

... Karl Rahner 1904-1984

*"No despair of ours can alter the reality of things, nor stain the joy of the cosmic dance, which is always there."*

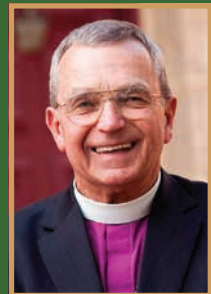
... Thomas Merton, 1915-1968

*"In meditative walking we trace over the world's surface the path to God; we affirm that whatever steps we take can be part of our journey home to the source of all things, in Jesus who is the Way."*

... Rowan Williams

*"Your creation, O God, is a million wondrous miracles, beautiful to behold. I ask of you just one more miracle: beautify my soul."*

... Traditional Celtic



*"Wasting Time with God" renews and affirms awareness that everything begins and ends with spirituality because God is at the centre of everything, the whole of creation, and is accessible there."*

Bishop David Murray, Director, Centre for Spirituality

## ABOUT THE CENTRE FOR SPIRITUALITY

**Director, Bishop David Murray invites you to waste time with God.**

Through its "Wasting Time With God" series, St George's Cathedral Centre for Spirituality is both confirming and renewing awareness that everything begins and ends with spirituality because God is at the centre of everything and is accessible there.

The Centre contributes to the rhythm of regular and frequent prayer and contemplation in the daily life of the Cathedral and the lives of the participants. It encourages people to learn to rest in (waste time with) God, to let God love them, to recognise and respond to God's loving Presence in them and to let God's loving Presence flow through them out into the world and back to God.

## VENUE AND BOOKINGS

The meeting point for "A Day in the Spiritual Life of the Cathedral" and "Coffee, Prayers and Spirituality" events is the upper Burt Memorial Hall, 38a St Georges Terrace, Perth.

Please book your place by the Monday before the event you are attending. This enables us to cater for you and ensure everyone has a seat.

Bookings to: Bishop David Murray  
Phone: (08) 9325 5766  
Email: [spirituality@perthcathedral.org](mailto:spirituality@perthcathedral.org)

*Payment will be taken at the door.*

*NOTE: Magellan Concerts held in the Cathedral; no booking required.*



ST GEORGE'S CATHEDRAL PERTH WESTERN AUSTRALIA  
38 St Georges Terrace, Perth • (08) 9325 5766  
[www.perthcathedral.org](http://www.perthcathedral.org) • [www.facebook.com/StGeorgesCathedral](https://www.facebook.com/StGeorgesCathedral)

## ST GEORGE'S CATHEDRAL

# CENTRE FOR SPIRITUALITY

*Wasting Time With God Series* 2022



*"The Rule (of Benedict) says in Chapter 52, 'Let the oratory be what it is called.' No one can get through life – or a pandemic – unscathed who has not daily returned to the sacred space of the heart where the energy flows from the God of life to our own."*

..... Sister Joan Chittister OSB

## *A Day in the Spiritual Life of the Cathedral*

2nd Wednesday of the month  
9.30am – 2.00pm

The day begins with percolated coffee/tea and prayers. The morning offers the Eucharist, reflections by presenters below, Theological Reflection, Word of Life, and Contemplative Prayer follow lunch and the day concludes with Celtic prayers.

*Entry: \$12.00 including lunch, refreshments, and materials.*

### **9 FEBRUARY**

#### **A Life of Prayerfulness**

The Right Reverend David Murray, St George's Cathedral Centre for Spirituality

### **9 MARCH**

#### **Christian Vigil**

The Reverend Chris Bedding, Worker Priest

### **13 APRIL**

#### **The Labyrinth**

The Reverend Sarah Stapleton, Diocesan Priest

### **11 MAY**

#### **Divine Grace – Generous Effort**

Ms Sylvia Grevel MA, Diocesan Formation Candidate

### **8 JUNE**

#### **Solitude**

The Reverend Ian Crooks, Associate Priest of St George's Cathedral

### **13 JULY**

#### **Celtic Spirituality**

The Right Reverend David Murray, St George's Cathedral Centre for Spirituality

### **10 AUGUST**

#### **Discovering the Feminine**

The Venerable Canon Gillian Rookyard, Rector of Kingsley North-Woodvale

### **14 SEPTEMBER**

#### **Christian Pilgrimage**

The Reverend Helen and Mr Arthur Dunn, Retired Priest and Husband

### **12 OCTOBER**

#### **Everything is Sacred**

The Right Reverend Jeremy James TSSF, Assistant Bishop of Perth

### **9 NOVEMBER**

#### **Spirituality Between the Covers**

The Most Reverend Kay Goldsworthy AO, Archbishop of Perth

### **14 DECEMBER**

#### **Spirituality and Language**

The Right Reverend David Murray, St George's Cathedral Centre for Spirituality

## *Chamber Concert series*



in association with St George's Cathedral  
Centre for Spirituality

Free Admission - donations accepted for St Bart's and Anglicare ministry  
amongst homeless people.

### **Thursday 17 FEBRUARY at 10.30am**

#### **BACH BONANZA – keyboard, cello, viola and violin**

Faith Maydwell (piano), Sacha McCulloch (cello)

Sally Boud (viola), Paul Wright (violin)

A cornucopia of famous solo Bach works for keyboard, cello, viola and violin.

### **Thursday 21 APRIL at 10.30am**

#### **NATURE IN MUSIC - AUTUMN – harp and piano**

Anthony Maydwell (harp), Faith Maydwell (piano)

Works celebrating autumn, the time of day, water, the great outdoors,  
flora and fauna. Chopin, Liszt and more.

### **Thursday 28 JULY at 10.30am**

#### **BELOVED – violin and piano**

Paul Wright (violin), Faith Maydwell (piano)

Written as a wedding gift and one of the most loved sonatas of the core late  
19th century. Cesar Franck - Violin Sonata in A and more.

### **Thursay 29 SEPTEMBER at 10.30am**

#### **NATURE IN MUSIC - SPRING – violin, cello, piano**

Kathryn Lee (violin), Sacha McCulloch (cello), Faith Maydwell (piano)

Works celebrating Spring, the countryside and night. Beethoven, Schubert/Liszt,  
Pedrell and more.

“And even the sun in dawn chorus sings, a celestial melody  
to the earth below” - Tjaden



### **St George's Cathedral Centre for Spirituality Quiet Day**

#### **- Preparation for Lent -**

Saturday 26th February 9.30am until 4.00pm at St George's Cathedral.

Tea Coffee provided; BYO lunch.

Conductor: Father Ian Crooks, Associate Priest, St George's Cathedral.

More details in 2022.

### **St George's Cathedral Centre for Spirituality Retreat**

October 2022.

At 'Kilmolee', Brown Josephite Sisters Retreat Centre, Safety Bay.

Conductor: Father Ian Crooks, Associate Priest, St George's Cathedral.

More details in 2022.

## *Coffee, Prayers and Spirituality*

4th Wednesday of the month  
9.30am - 11.30am

Percolated coffee, prayers and a presentation, with opportunity for  
questions and discussion.

*Entry: \$5.00 including coffee or tea, and refreshments*

### **23 FEBRUARY**

Spirituality and Transforming Industry (Pt 2 – Youth)

Mr Chris Oughton, CEO Kwinana Industrial Council

### **23 MARCH**

Spirituality and National Defence

The Reverend Dean Griffiths, Member, International Society of Military Ethics

### **27 APRIL**

Spirituality and Willit The Wombat

Mrs Frances Maber OBE, Educator and Author

### **25 MAY**

Spirituality and Bridges

Ms Caroline Morell, Structural Engineer of Bridges

### **22 JUNE**

Spirituality, Patriarchy and Women's Issues

Ms Sally Mathwin, Law Student and Writer

### **27 JULY**

Spirituality and Health Journalism

Professor Trevor Cullen PhD,

Australian Learning and Teaching Fellow, ECU

### **24 AUGUST**

Spirituality and Bells

Dr Ian D MacLeod AM, Principal,

Heritage Conservation Solutions and Bell Ringer

### **28 SEPTEMBER**

Spirituality and The Palette

Ms Kamile Burinskaite, Kamile Gallery, Cathedral Square

### **26 OCTOBER**

Spirituality and Challenges in Media

Mr Jamie Freestone, WA Courts Media Manager

### **23 NOVEMBER**

Spirituality and Bees

Mr David Morrell, Educator,

Beekeeping at WA College of Agriculture, Denmark

### **21 DECEMBER**

Spirituality and The Bow

Mr Paul Wright, Head of Strings, WAAPA